

ESSENTIALS MEDI SPA

PICOWAY TATTOO or PIGMENTED LESION PRE & POST CARE INSTRUCTIONS

PRETREATMENT INSTRUCTIONS

1. Avoid the sun 4-6 weeks before and after treatment until your physician allows it.
2. Your Provider may ask you to stop any oral or topical medications or other skincare products 3-5 days prior to treatment.
3. Tanned or darker skin types should not be treated. If treated within 2 weeks of active (natural sunlight or tanning booth) tan, you may develop hypo-pigmentation (white spots) and this may not clear for 2-3 months, or even longer.
4. The use of self-tanning skin care products must be discontinued 1-2 weeks prior to treatment. Any residual self-tanner must be removed prior to treatment.
5. Your provider may apply a topical anesthetic for treatment discomfort. This should be removed just prior to treatment.

INTRAOPERATIVE CARE

1. The skin is thoroughly cleaned prior to treatment.
2. If treating the upper lip, the teeth may be protected with a moist, wet gauze. The gauze also serves to support the lip during treatment, allowing a surface to push against.
3. Safety considerations are important during the laser procedure. The patient and all personnel in the treatment room **MUST** wear protective eyewear during the procedure to reduce the risk of eye injury. Your provider will take all necessary precautions to ensure your safety and comfort.
4. Multiple treatments may be necessary.

POSTOPERATIVE TREATMENT CARE

1. Immediately after treatment, there should be a "slight frosting" on the area that is treated. Erythema (redness) and edema (swelling) at the treatment site can occur and may last up to 2 hours or longer. Pinpoint bleeding may also occur.
2. An ointment (Aquaphor, bacitracin, or even Vaseline) should be applied to the treated area and covered with a non-stick bandage.
3. After the treatment, the skin will scab over. It is very important not to pick, scratch or aggressively wash the area to prevent possible scarring. This crust should flake off in 7-10 days.
4. Avoid sun exposure to reduce the chance of hyper-pigmentation (darker pigmentation)
5. Use sun block (SPF 30+) at all times throughout the course of your treatments. You can pick up a free sample of the Alumier MD sunblock, as they are SPF 40-42.
6. There are no restrictions on bathing except to treat the area gently, as with any other wound.
7. Call or email Dalyce with any questions or concerns.

